

Saudi Hypertension Conference

30 April – 1 May 2013

	Time	Day 1 – Tuesday , 30 April		
Session 1	7:30	Registration		
	8:30	Hypertension in Adults in Saudi Arabia – M Al Nozha		
	8:55	Current Challenges in Hypertension Management - M Ibrahim		
	9:20	Blood Pressure Measurement – A Kashgari		
	9:40	Non Conventional BP Measurement – S Al Shurafa		
	10:00	Coffee Break		
Session 2	10:30	Assessing CV Risk: Pivotal task – D Drouin		
	10:55	The Importance of Organ Image in Risk Prediction – A Zanchetti		
	10:20	Central BP in the Management of Cardiovascular Risk: A Paradigm Shift? - J Cockcroft		
	11:45	Cardiorenal Syndrome: mechanisms, risks and management? – A Berbari		
	12:10	Endothelial function and arterial stiffness: differences among β -blockers – C Ferri		
	12:35	Lunch & Prayer Break		
Session 3	13:30	Nebivolol: a unique approach to hypertension – A Zanchetti		
	14:00	Among different Guidelines: Confusion or Confidence! - A Heagarty		WS 1: BP Measurement Certificate (Nurses & Students) – SHMS
	14:30	Polyphenols and vascular function: relevance in clinical practice – C Ferri		
	15:00	Impact of recent trials outcome on the management of hypertension – A Heagarty		
15:30	Tea Refreshment			
Session 4	15:45	Modern Approach in Hypertension Management - Taher	MTE 1: BP Measurement Technique – D Drouin	MTE 2: HTN Case Discussion – A. Hassan
	16:10	Genetic markers for HTN in Saudis - Warsy		
	16:30	BP Measurement Certificate: Addressing the Need – Eman		
	16:45	When to refer Hypertensive Patients? - Bissar		
	17:00	Hypertension & H. pylori – Nasrat		

	Time	Day 2 – Wednesday 1 st May			
Session 1	8:00	TS: Pharmacology of Anti-Hypertensive Medications – S Bawazir			
	9:00	J Curve in HTN. Is there a limit for lowering BP? – A Berbari			
	9:30	Managing High BP in Diabetic Patients. - H Al Eid			
	10:00	Coffee Break			
Session 2	10:30	Approaching Hypertension in Heart Disease – W Bsata			
	11:00	Emerging Therapy in Resistant Hypertension – T Al Bassam			
	11:30	Hypertension in Children – S. Shurafa			
	12:00	Stroke: Prevention & BP Treatment – A Kashgari		Hypertensive Crises: Evaluation & Management – H Al Eid	
	12:30	Lunch & Prayer Break			
Session 3	13:30	Understanding & managing high Blood Pressure in the elderly - G Eugene			
	14:00	Hypertension among the Saudi Elderly – Al-Shammari	MTE 3: Difficult-to-treat Case Discussion – A Berbari	MTE 4: Intervening on Adherence – D Drouin	WS 3: BP Measurement Certificate (Nurses & Students) - SHMS
	14:30	Hypertension and sleep apnea - Seraj Wali			
	15:00	Endocrine Hypertension – B Al Beirouty			
	15:30	Tea Refreshment			
Session 4	15:45	Non-Pharmacological management in HTN: What is the evidence? – N Dashash		MTE 5: Resistant & Difficult-to-treat cases – W Bsata	
	16:05	Depression and Hypertension – G Eugene			
	16:30	Fitness and Nutrition trends for 2010 – C Kartik			
	16:45	Emerging Role of Vasodilating β -Blockers – A Morsi & H Al Said			
	17:10	Managing Hypertension in Hajj & Ramadan – A. Hassan			